



MARCH 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 4th – 8th

Powering
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON	TUES	WED	THURS	FRI
MTO DELI BAR -OR- Baked Italian Hoagie	NACHO BAR Chicken or Beef Cheese Sauce Assorted Toppings	MTO DELI BAR -OR- Pressed Cubano Sandwich	ASIAN BOWL Chili Garlic Popcorn Chicken Lo Mein or Rice	MTO DELI BAR -OR- Grilled Buffalo Chicken Wrap
Crispy Chicken Cheeseburger Chicken Tenders	Spicy Chicken Cheeseburger Max Sticks	Crispy Chicken Cheeseburger Chicken Tenders	Spicy Chicken Cheeseburger Max Sticks	Crispy Chicken Cheeseburger Chicken Tenders
Buffalo Chicken Wrap PB&J Pack Assorted Salads	Chicken Bacon Wrap PB&J Pack Assorted Salads	Italian Sub PB&J Pack Assorted Salads	Carlynton Club PB&J Pack Assorted Salads	Turkey Ba'Boom Sub PB&J Pack Assorted Salads
Cheese Pepperoni Meat Lover's	Cheese Pepperoni Chicken Bacon Ranch	Cheese Pepperoni Buffalo Chicken	Cheese Pepperoni Beef Taco Pizza	Cheese Pepperoni White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:
Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings
HUMMUS AVAILABLE

Menus are subject to change.

All Lunches MUST
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

This institution is an equal
opportunity provider.

MEAL PRICES

Breakfast-FREE
Lunch- FREE
Extra Entrée \$2.25
Milk \$.75

aramark
STUDENT
NUTRITION



MARCH 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 11th – 15th

Powering
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON

MTO DELI BAR
-OR-
Chicken Fajita Wrap

Crispy Chicken
Cheeseburger
Chicken Tenders

Buffalo Chicken Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Meat Lover's

TUES

NACHO BAR
Walking Tacos

Spicy Chicken
Cheeseburger
Max Sticks

Chicken Bacon Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Chicken Bacon Ranch

WED

MTO DELI BAR
-OR-
Turkey Bacon Melt

Crispy Chicken
Cheeseburger
Chicken Tenders

Italian Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Buffalo Chicken

THURS

**MAC & CHEESE
BAR**

Spicy Chicken
Cheeseburger
Max Sticks

Carlynton Club
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Beef Taco Pizza

FRI

***NO SCHOOL
IN-SERVICE DAY***

A Variety of Fresh Fruits and Vegetables offered daily and may include:
Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings
HUMMUS AVAILABLE

Menus are subject to change.

All Lunches MUST
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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opportunity provider.

MEAL PRICES

Breakfast-FREE
Lunch- FREE
Extra Entrée \$2.25
Milk \$.75

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STUDENT
NUTRITION



MARCH 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 18th – 22nd

Powering
potential.™

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON

MTO DELI BAR
-OR-
Chicken Fajita Wrap

Crispy Chicken
Cheeseburger
Chicken Tenders

Buffalo Chicken Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Meat Lover's

TUES

**Spicy Chicken
Mole Tacos**

Spicy Chicken
Cheeseburger
Max Sticks

Chicken Bacon Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Chicken Bacon Ranch

WED

MTO DELI BAR
-OR-
Southwest Turkey &
Cheddar Panini

Crispy Chicken
Cheeseburger
Chicken Tenders

Italian Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Buffalo Chicken

THURS

COUGAR BOWL

Spicy Chicken
Cheeseburger
Max Sticks

Carlynton Club
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Beef Taco Pizza

FRI

MTO DELI BAR
-OR-
Gourmet Grilled
Cheese Flatbread

Crispy Chicken
Cheeseburger
Chicken Tenders

Turkey Ba'Boom Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:
Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings
HUMMUS AVAILABLE

Menus are subject to change.

All Lunches MUST
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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opportunity provider.

MEAL PRICES

Breakfast-FREE
Lunch- FREE
Extra Entrée \$2.25
Milk \$.75

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STUDENT
NUTRITION



MARCH 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 25th – 29th

Powering
potential.™

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON

MTO DELI BAR

-OR-

Popcorn Chicken
Parm Panini

TUES

NACHO BAR

Walking Tacos

WED

MTO DELI BAR

-OR-

Grilled Ham & Cheese
Pretzel Melt

THURS

**NO SCHOOL
SPRING BREAK**

FRI

**NO SCHOOL
SPRING BREAK**

Crispy Chicken
Cheeseburger
Chicken Tenders

Spicy Chicken
Cheeseburger
Max Sticks

Crispy Chicken
Cheeseburger
Chicken Tenders

Buffalo Chicken Wrap
PB&J Pack
Assorted Salads

Chicken Bacon Wrap
PB&J Pack
Assorted Salads

Italian Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Meat Lover's

Cheese
Pepperoni
Chicken Bacon Ranch

Cheese
Pepperoni
Buffalo Chicken

A Variety of Fresh Fruits and Vegetables offered daily and may include:
Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings

HUMMUS AVAILABLE

All Lunches MUST

Include Choice of:

Fruits and/or

Vegetable

And May Include:

1% Low-Fat Milk

MEAL PRICES

Breakfast-FREE

Lunch- FREE

Extra Entrée \$2.25

Milk \$.75

Menus are subject to change.

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