



FEBRUARY 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 5th – 9th

Powering
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON

MTO DELI BAR
-OR-
Baked Italian Hoagie

Crispy Chicken
Cheeseburger
Chicken Tenders

Buffalo Chicken Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Meat Lover's

TUES

NACHO BAR
Chicken or Beef
Cheese Sauce
Assorted Toppings

Spicy Chicken
Cheeseburger
Max Sticks

Chicken Bacon Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Chicken Bacon Ranch

WED

MTO DELI BAR
-OR-
Pressed Cubano
Sandwich

Crispy Chicken
Cheeseburger
Chicken Tenders

Italian Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Buffalo Chicken

THURS

ASIAN BOWL
Chili Garlic
Popcorn Chicken
Lo Mein or Rice

Spicy Chicken
Cheeseburger
Max Sticks

Carlynton Club
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Beef Taco Pizza

FRI

MTO DELI BAR
-OR-
Grilled Buffalo
Chicken Wrap

Crispy Chicken
Cheeseburger
Chicken Tenders

Turkey Ba'Boom Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:

Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings
HUMMUS AVAILABLE

Menus are subject to change.

All Lunches MUST
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

This institution is an equal
opportunity provider.

MEAL PRICES

Breakfast-FREE
Lunch- FREE
Extra Entrée \$2.25
Milk \$.75

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STUDENT
NUTRITION



FEBRUARY 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 12th – 16th

Powering
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON

MTO DELI BAR
-OR-
Chicken Fajita Wrap

Crispy Chicken
Cheeseburger
Chicken Tenders

Buffalo Chicken Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Meat Lover's

TUES

NACHO BAR
Walking Tacos

Spicy Chicken
Cheeseburger
Max Sticks

Chicken Bacon Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Chicken Bacon Ranch

WED

MTO DELI BAR
-OR-
Turkey Bacon Melt

Crispy Chicken
Cheeseburger
Chicken Tenders

Italian Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Buffalo Chicken

THURS

**THAI CHICKEN
NOODLE BOWL**

Spicy Chicken
Cheeseburger
Max Sticks

Carlynton Club
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Beef Taco Pizza

FRI

MTO DELI BAR
-OR-
Grilled Cheese &
Tomato Soup

Crispy Chicken
Cheeseburger
Chicken Tenders

Turkey Ba'Boom Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:

Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings
HUMMUS AVAILABLE

Menus are subject to change.

All Lunches MUST
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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MEAL PRICES

Breakfast-FREE
Lunch- FREE
Extra Entrée \$2.25
Milk \$.75

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FEBRUARY 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 19th – 23rd

Powering
potential.™

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON

*PRESIDENT'S DAY
NO SCHOOL*

TUES

NACHO BAR
Chicken or Beef
Cheese Sauce
Assorted Toppings

WED

MTO DELI BAR
-OR-
Southwest Turkey &
Cheddar Panini

THURS

COUGAR BOWL

FRI

MTO DELI BAR
-OR-
Pesto, Tomato, and
Mozzarella Flatbread

Spicy Chicken
Cheeseburger
Max Sticks

Crispy Chicken
Cheeseburger
Chicken Tenders

Spicy Chicken
Cheeseburger
Max Sticks

Crispy Chicken
Cheeseburger
Chicken Tenders

Chicken Bacon Wrap
PB&J Pack
Assorted Salads

Italian Sub
PB&J Pack
Assorted Salads

Carlynton Club
PB&J Pack
Assorted Salads

Turkey Ba'Boom Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Chicken Bacon Ranch

Cheese
Pepperoni
Buffalo Chicken

Cheese
Pepperoni
Beef Taco Pizza

Cheese
Pepperoni
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:
Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings
HUMMUS AVAILABLE

All Lunches MUST
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

MEAL PRICES

Breakfast-FREE
Lunch- FREE
Extra Entrée \$2.25
Milk \$.75

Menus are subject to change.

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FEBRUARY 2024

CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 26th – March 1st

Powering
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON

MTO DELI BAR

-OR-

Popcorn Chicken
Parm Panini

Crispy Chicken
Cheeseburger
Chicken Tenders

Buffalo Chicken Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Meat Lover's

TUES

NACHO BAR

Walking Tacos

Spicy Chicken
Cheeseburger
Max Sticks

Chicken Bacon Wrap
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Chicken Bacon Ranch

WED

MTO DELI BAR

-OR-

Meatball Sub

Crispy Chicken
Cheeseburger
Chicken Tenders

Italian Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Buffalo Chicken

THURS

ASIAN BOWL

General Tso's Chicken
Fried Rice

Spicy Chicken
Cheeseburger
Max Sticks

Carlynton Club
PB&J Pack
Assorted Salads

Cheese
Pepperoni
Beef Taco Pizza

FRI

MTO DELI BAR

-OR-

Grilled Cheese &
Tomato Soup

Crispy Chicken
Cheeseburger
Chicken Tenders

Turkey Ba'Boom Sub
PB&J Pack
Assorted Salads

Cheese
Pepperoni
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:

Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers
French Fries and Steamed Vegetables also Available Daily

MTO DELI BAR

Made to order wraps, sandwiches, and subs
toppings include a variety of meats and
cheese lettuce, tomato, banana peppers,
jalapenos, pickles, onion, assorted dressings

HUMMUS AVAILABLE

All Lunches MUST

Include Choice of:

Fruits and/or

Vegetable

And May Include:

1% Low-Fat Milk

MEAL PRICES

Breakfast-FREE

Lunch- FREE

Extra Entrée \$2.25

Milk \$.75

Menus are subject to change.

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